

**The Healing Clinic natural health centre
Community Interest Company # 6292954
and
Briar House Resources Community Interest Company
#5916255**

The objective of Briar House and The Healing Clinic at Club Chambers is to reciprocally carry on activities which benefit the community and in particular to:

1. provide a community based activity centre for use by local community groups and local small businesses.
2. provide academic and practical courses on healthy living, healthy work practices and healthy local communities.
3. to adhere to green, ethical and sustainable policies and to maximise our community potential in a green and ethical way.

Within these aims and objectives, both institutions will aim to:

- To nurture and expand the groups for whom we already provide services:
 - Clients/patients
 - Practitioners
 - Local small and medium sized businesses
 - Individual short course providers
 - Practice rooms for local performing arts
 - Local artists
 - Links with like-minded organisations
- To educate and enthuse people to care for themselves and raise public awareness of:
 - Reducing cholesterol
 - Weight loss
 - Stopping smoking
 - Exercise
 - Work/life balance
 - Stress management
 - Relaxation
- To provide mentoring and mutual support for and between practitioners and course providers.
- To provide expert services and courses to the socially excluded and vulnerable in our communities by the provision of bursary funds, and to generally improve health and well-being in York and the surrounding areas.

- The provision of a community based activity centre for use by local community groups, and local small businesses.
- The provision of academic and practical courses to train local community groups, local people and local small businesses on healthy living, healthy work places and healthy communities.
- The provision of corporate hospitality events and associated services for the business community, the voluntary sector and the public in general.
- To change how people approach health management and life style choices, leading to enhanced well-being, human potential and social engagement.
- To provide a safe place where course providers can take their first steps into freelance work.
- To provide a harmonious and productive work environment that reflects current equality and diversity policies.
- To develop the talents of all people who contribute to the success of Briar House enterprises.
- To provide practitioners with small business support.

- To take complementary therapies to the wider world, especially those most socially excluded.
- To build on links already forged with local organisations to groups including the City of York Council and local charities.
- To innovate and set standards for other clinics throughout the region.
- To maximise our community potential in a green and ethical way.
- To encourage clients to think about health in a wider context and which includes the environment.
- Since 2000 our aim has been to provide a Healthy Living Centre, with links with government initiatives.
- To link health care with health promotion and holistic approaches to lifestyle for a wide range of groups.
- To develop our potential for social impact and change in the future.
- To offer what is missing from the provision by the public health sector.
- To integrate mainstream healthcare provision and workplace health and well-being.
- To reduce preconceptions about and raise awareness of the complementary health field.
- To provide detailed care from in-depth knowledge of a particular therapy through a multi-disciplinary approach.
- To provide a safe place where practitioners can take their first steps into freelance work.
- To offer a patient/practitioner 'partnership' that encourages self-responsibility.